

The Lemon Grove REVIEW

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"Friday the 13th, Part VIII"

Vol. 42, No. 1

Serving Lemon Grove and nearby communities

Thursday, August 3, 1989 25¢

City Council announces sewer rate increase

By Max Goodwin

Lemon Grove residents will be paying \$1 per month more for the use of their sewer, beginning now.

City Council announced the \$12-a-year hike at its July 17 meeting. The hike was ordered by the City of San Diego which operates the Metro Sewer System (popularly known as the Pt. Loma Treatment Plant) to cover the cost of upgrading the Metro Plant.

The charge will be felt on the annual property tax bill.

Recycling will come to the City in September when Phase One of a plan will be started with approximately 1,000 homes in the southwestern portion of the city.

EDCO, which supplies the trash pickup service for several cities, including Lemon Grove, is distributing 18" x 15" blue plastic containers into which residents will place aluminum and tin cans, glass and plastic bottles and bundled newspapers.

After the first of the year, all EDCO customers will get the service.

The service will be available only to EDCO customers who will not be charged for the service, nor paid for their items.

Pick-up people will sort the items at the pickup site and leave the blue containers for the next pickup date. A special vehicle with separate waste compartments will be used in the project.

City Council also approved a program that would benefit

Lemon Grove's Lee White Toyota franchise expansion program.

City Manager Jack Shelver said the City would pay for drainage, street improvements and grading, by which 2 1/2 acres more land would be made usable to the firm.

The additional land would enable White's service facility to move to the south side of Federal Blvd. and make room on the north side for added vehicle display and for another auto franchise.

Shelver said the Toyota franchise brings approximately \$300,000 in sales tax to the City and that the land improvement cost would pay for itself in additional tax revenue in 10 years.

It is expected that City Council will announce the County Water Authority's decision on a water main that is scheduled to come through the city eventually.

Council expressed opposition to the section that would come south through the Broadway-Massachusetts underpass of 94 because of heavy traffic in the area. It has asked the water authority to run it through the Waite Drive (Buena Vista) underpass, and south.

Shelver also plans to request a site analysis study of the City Hall. He said he hopes that rearrangement of some of the offices may answer the present need the City has for space to house two additional employees.



Vickie Bennett, student at Cuyamaca College, used determination to solve child-care financial burden.

Downtown Lemon Grove scene of trolley-auto traffic incident

A trolley-auto traffic incident tied up traffic at Broadway and Lemon Grove last Wednesday for approximately 20 minutes.

According to Lt. Tim Laff of the Lemon Grove Fire Department, an unidentified woman drove her vehicle past the trolley limit-line on east-bound Broadway as the bells rang and the traffic bars descended.

The woman, about 30 years of age, apparently panicked, and

backed her vehicle onto the trolley tracks.

The north-bound trolley was able to be slowed enough to do only minor damage to the woman's car. The woman appeared to be uninjured; the trolley was not damaged. When the woman complained of back pain, she was transported to Grossmont Hospital by Hartson's ambulance.

Traffic was rerouted for approximately 15 minutes.

Ignore tickets, lose license

As of Monday, July 31, 1989, the El Cajon, North County, and South Bay Municipal Courts began processing delinquent traffic tickets pursuant to the provisions of California Vehicle Code Section 40509.5.

If a defendant fails to appear on a traffic ticket, or fails to comply with any subsequent court

orders, they will be subject to the additional sanction of immediate drivers license suspension by the California DMV and/or arrest.

In the future, motorists who fail to appear or fail to pay court ordered fines on traffic citations should anticipate having their driving privilege suspended until the violation is resolved.

New opportunity for single parents

Ending the "cycle of poverty" is a goal shared by most Americans. Not surprisingly, those individuals caught in its grip are often the most determined to find a way out.

For one Spring Valley resident, the end is in sight, thanks to her personal motivation and resourcefulness, and the commitment Cuyamaca College has made to her success.

When fire destroyed the family restaurant that Vickie Bennett and her husband operated, it also added fuel to their decision to separate. With three young children and no income, Ms. Bennett was forced to move in with an older sister. She applied for Aid to Dependent Children (AFDC)

with the intention of looking for work after her family settled in an apartment and the older children enrolled in a new school.

Once her job search began, she quickly realized the money she could earn as a waitress could never meet her family's needs. With only a ninth grade education, due to a childhood illness that forced her to leave school in the eighth grade, she was limited to applying for minimum wage positions. The wage earner in a family of four must make at least \$9 per hour to equal the standard of living an AFDC family of the same size maintains on welfare. Although Ms. Bennett wanted to achieve financial independence, she was unwilling to give up the

medical benefits and security her children were entitled to receive on AFDC.

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San Miguel Fire Log

July 19, 1989

Jamacha Blvd/94. Motorcycle accident, lifeflight to UCSD.
Jamacha Rd/Sweetwater Rd. Auto accident, minor injury.
8600 blk. Troy St. Male, lacerated face and hand.
8900 blk. Harness. Female, fall victim.
3700 blk. Barbic St. Male, fall victim.
10000 blk. Grandview Dr. Malfunctioning alert system.
Jamacha Rd/Osage. Male, medical aid.
700 blk. LaPresa. Hazardous condition.
8600 blk. Jamacha Rd. Male, public service.
600 blk. Sweetwater Rd. Rescue.

July 20, 1989

3600 blk. So. Cordoba. Refrigerator fire.
9700 blk. Alto Dr. Female, unknown medical.
2900 blk. Anawood. Malfunctioning alarm.
9100 blk. Olive. Female, fall victim.
Hwy 94/Kenwood. Auto accident. Patient lifeflighted to Sharp.
700 blk. Osage. Public service call.
San Diego St/Grand Ave. Non-injury auto accident.

July 21, 1989

3500 blk. Via Picante. Female, diabetic.
10500 blk. Fuerte Dr. Female, difficulty breathing.
4800 blk. Vista Arroyo. Malfunctioning medical alert alarm.
1600 blk. Chase Ave. Non-injury auto accident.
700 blk. Spring Time Way. Malfunctioning alarm.
10700 blk. Via Mica. Female, difficulty breathing.
3200 blk. Sweetwater Sprgs. Dumpster fire.
1900 blk. Vista Grande. Non-injury auto accident.
10800 blk. Calle Verde. Female, back pain.
8700 blk. Orville. Motorcycle vs. bicyclist., non-injury.
Sweetwater Rd/Harness. Non-injury auto accident.
10400 blk. Grandview. Structure fire. Cause, spark from chimney.
Damage \$1,000.
4100 blk. Mars Way. Malfunctioning alarm.
3500 blk. Sweetwater Sprgs. Female, head injury.
3100 blk. Bancroft. Non-injury auto accident.
2900 blk. Alwood Ct. Female, fall patient.
LaMar/Vista. Non-injury auto accident.

July 22, 1989

9600 blk. Campo Rd. Male, assault.
9900 blk. Buena Vista. Vehicle fire. Cause, unknown. Damage \$7,000.
9200 blk. LaMar. Non-injury auto accident.
10100 blk. Calle Marinero. Female, DOA.
3500 blk. Bancroft. Male, injured knee.
2900 blk. Jamacha Rd. Unable to locate.
2000 blk. Jamacha Rd. Illegal burn.
3800 blk. Polaris. Illegal burn.
1500 blk. Bartram. Male, illness.
4500 blk. Rita St. Male, possible heart.
2400 blk. Hilton Head. Female, unknown medical.
1100 blk. Vista Grande. Smoke from barbecue.
700 blk. Grand Ave. Auto vs. parked trailer. Head injury.
12000 blk. Via Eucalypto. Hazardous condition.
9000 blk. Joan St. Public service.

July 23, 1989

9100 blk. Kenwood Dr. Illegal burn.
1800 blk. Helix St. Arcing wires.
8800 blk. Troy St. Male, fall from bicycle.
10200 blk. Madrid Way. Female, fall patient.
94/Jamacha Blvd. Auto accident. Lifeflighted to Sharp.
9200 blk. LaMar. Attacked by dog, minor injury.
9900 blk. Jamacha Blvd. Female, fall patient.
10000 blk. Casa De Oro Blvd. Female, dog bite.
South Bay Pkwy/Paradise Valley Rd. Unable to locate.
10800 blk. Calle Verde. Male, difficulty breathing.
3500 blk. Sweetwater Sprgs. Vehicle fire. Fuel leak. Damage \$600.
12100 blk. Campo Rd. Male, medical aid.
Sweetwater Rd/Tyler. Non-injury auto accident.
700 blk. Grand. Female, medical aid.
8800 blk. Orville. Male, difficulty breathing.
Campo/No. Bonita. Female, medical aid.
9000 blk. Campo Rd. Male, seizure.
Glen Vista/Paradise Valley Rd. Non-injury auto accident.
Campo/Rogers. Non-injury auto accident.
9100 blk. Kenwood. Public service.

July 24, 1989

4600 blk. Resmar Rd. Female, medical aid.
9000 blk. Campo Rd. Male, chest pain.
400 blk. Grand. Male, difficulty breathing.
3100 blk. Lamar Springs. Female, fall victim.
2200 blk. Tina St. Male, fall victim.
3500 blk. Sweetwater Sprgs. Male, fever.
9400 blk. Barbic Lane. Female, medical aid.
8800 blk. Golf. Female, reaction to medication.

Continued on Page 3

WEATHER

The following information was provided by the Lemon Grove Fire Department:

	High	Low
July 22	84	78
July 23	83	77
July 24	84	79
July 25	79	75
July 26	85	82
July 27	82	77
July 28	86	83

The precipitation this year-to-date is 5.65 inches. Last year for the same period, the figure was 13.10 inches.

Grossmont Hospital offers free screening for skin cancer

Sunny San Diego is a great place to live and play, but daily exposure to the sun can increase the risk of developing skin cancer.

That's why Grossmont Hospital is offering a free skin cancer screening from 1 to 3 p.m. on Saturday, August 5, at the Brier Patch Auditorium, 9000 Wakarusa Street.

Dermatologists Jerome Eisman, M.D., Robert Bushman, M.D. and William Resh, M.D., will be on hand to give information on the prevention, detection and treatment of skin cancer and to provide free, personal screenings.

Participants will receive refreshments and sunscreen samples at the Grossmont Hospital Skin Cancer Screening.

For more information, call the Continuing Education Office at Grossmont Hospital, 589-4153.

Defibrillator use approved for fire departments

Residents of four East County fire protection districts will receive life-saving defibrillation services under an agreement approved by the San Diego County Board of Supervisors.

Supervisor George Bailey, who represents the East County, said the program is based on a 1987 County-supervised pilot project which resulted in a 33 percent increase in lives saved.

Emergency medical technicians from the Santee Fire Department, Lakeside Fire Protection District, San Miguel Consolidated Fire Protection District and the Jamul Fire Department in the Rural Fire Protection District will be trained in the use of defibrillators, computerized devices that shock a heart attack victim's heart into proper pumping action.

The County's Emergency Medical Services Division will oversee the Emergency Medical Technician-Defibrillation (EMT-D) Program, including training and certification of paramedics.

The board of Supervisors also approved similar agreements with the Poway and National City Fire Departments.

Sheriff's Dept. Log

Deputies of the Lemon Grove office of the County Sheriff's Department were investigating these burglaries which occurred last week:

La Mesa Unincorporated

3500 blk. Via Picante. Open garage door. Air compressor. Loss, \$300.
9300 blk. Tropico Dr. Possible sliding glass door left open. Purse, VCR, money. Loss, \$700.
400 blk. Nabal Dr. Sliding glass door left open. Money, watch. Loss, \$309.

Lemon Grove

7300 blk. Central. No sign of forced entry. Camera, cash. Loss, \$230.
1700 blk. Ensenada. Rear door left unlocked. VCR, jewelry, clothes. Loss, \$2,780.
1900 blk. Massachusetts. Broke front window. No loss.
3200 blk. Kempf. Bathroom window left open. Bike, jewelry. Loss, \$4,039.
6600 blk. San Miguel. Window removed from track. VCR, TV, camera, typewriter. Loss, \$2,000.

Lemon Grove Fire Log

July 20, 1989

7400 blk. Madison. Public assist, helped light pilot light.
6800 blk. Federal. Vehicle fire, fire in passenger compartment.
7500 blk. Mt. Vernon. Structure fire, stove/pilot error.
2400 blk. Bonita. Medical aid, male with chest pains.
Skyline & Canton. Cancelled en route.

July 21, 1989

8300 blk. Broadway. Medical aid, female with chest pains.
7000 blk. Russan. Public assist, water flow.
3200 blk. College. Medical aid, female with chest pains.
Cuyamaca & Buena Vista. Needless call.

July 22, 1989

Canton & Angelus. Medical aid, vehicle accident.
Federal & MacArthur. Vegetation fire.
Broadway & Washington. Medical aid, auto roll-over.
8200 blk. Lemon Grove Way. Public service.
6900 blk. Broadway. Medical aid.
Broadway & North. Vehicle fire.

July 23, 1989

7500 blk. Broadway. Fuel lock from a vehicle.
3400 blk. Main St. Medical aid, unknown medical problem.
2300 blk. Lawton. Medical aid, male with seizure.
1700 blk. Denstone. Medical aid, cancelled by Hartson's medics.
7400 blk. North. Needless alarm.

July 24, 1989

7400 blk. Broadway. Medical aid, unconscious female.
8000 blk. Broadway. Medical aid, cancelled en route.
4300 blk. Yale, La Mesa. Automatic aid, cancelled upon arrival.
3700 blk. Grove. Medical aid, male with lacerations.

July 24, 1989

Lemon Grove Ave. & Massachusetts. Vehicle fire.
2000 blk. Skyline. Two-vehicle auto accident.

July 26, 1989

2000 blk. Skyline. Medical aid, female with chest pains.
Broadway & Lemon Grove Ave. Medical aid, trolley vs. auto.
Sweetwater & Tyler. Automatic aid. Vegetation fire, cancelled.
1600 blk. Skyline. Medical aid, male with possible D.T.'s.

July 27, 1989

300 blk. S. Meadowbrook, San Diego. Automatic aid, auto vs. structure.
7700 blk. Broadway. Medical aid, female with decreased level of consciousness.
300 blk. 68th St., San Diego. Automatic aid, vegetation fire.
Waite & High St., La Mesa. Two-vehicle auto accident.
Meadowbrook & Jamacha, San Diego. Automatic aid, vegetation fire.
7500 blk. North Ave. Medical aid, female with chest pains.
2500 blk. Arcadia St. Medical aid, male with bump on head.



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Volunteers needed for new Mission Trails Park

East County residents now have a unique opportunity to become involved right at the beginning of an exciting project right in our own backyard—the development of the newly created Mission Trails Regional Park.

Mission Trails, whose 5740 acres include Lake Murray, Mission Gorge, Cowles Mountain and Fortuna Mountain, is the largest urban wilderness park in the United States. Long a favorite haunt of birdwatchers, hikers and wildlife enthusiasts, the park will soon have many new facilities and activities.

Construction is scheduled to begin in the near future on a new visitor's center near the Father Serra Trail in Mission Gorge. Other plans include opening a campground at Lake Hollins, located at the end of Father Serra Trail, building new trails on Cowles and Fortuna Mountain, an annual cleanup and an annual tree planting. Long-range plans for the park include construction of an equestrian center, large-group camping facilities and a natural species botanical garden.

A volunteer group, the Friends of the Mission Trails Regional Park, is now being formed to help make these plans a reality. Donations both of money and of time will be gladly accepted.

Park volunteers have already planted 100 live oak trees near Mission Gorge Road at the site of a future picnic area.

On Saturday, July 22, volunteers hauled fifteen tons of trash out of Mission Gorge, including

such items as auto body parts, barbed wire and even a safe. A thousand pounds of glass were collected for recycling, with proceeds returned to the park.

Many improvements have already been completed, especially at Lake Murray. Three miles of scenic road provide an easy, traffic-free route for walkers, joggers and cyclists, with benches available for those who prefer just to sit and watch the resident osprey catch fish or see whether a coyote will poke his nose out of the nearby chaparral.

Fisherman can now try their luck at the 2,400 trout brought in from the White Water Fish Hatchery in Palm Springs. The lake is stocked weekly, and is open for fishing on Wednesdays, Saturdays and Sundays. Motorboats may be rented for \$22 a day, rowboats for \$8 a day. The Lake also has facilities for windsurfing, picnicking, tennis and volleyball. Summer concerts are being provided by a grant from the Recording Companies of U.S. and Canada. A five-piece brass quintet, the Westwind Brass, will perform at the lake on Sunday, September 3, from 4-6 p.m.

Mission Trails Park has recently hired its first Senior Park Ranger, Randy Hawley. Please call him at 236-6582 if you would like to have him speak at your school, business or community group. To join the Friends of the Mission Trails Regional Park, write to: Friends of Mission Trails Regional Park, 6919 Cibola Road, San Diego, CA 92120.

Cannon stolen from local Civil War artillery re-enactment group



Why would anyone steal a Civil War cannon?

Once in the thief's possession, what would he or she do with it? You can't very well wheel it into a pawn shop.

Those questions and others are being pondered by police and members of "B" Battery, a local Civil War artillery re-enactment group, the owners of the cannon—until last month.

Sometime before dawn on Sunday June 11, the 1,800 pound cannon, and its trailer used for inter-battle transportation, was stolen from in front of the home of Patrick Wells at 442 Sawtelle Ave. in the Encanto neighborhood of San Diego.

"It's almost ludicrous that someone stole it," said Maria Wells, wife of Patrick and also an avid participant in the Civil War re-enactments. "What are they going to do with it?"

What, indeed?

In the first place, the cannon

is not a real Civil War cannon. It's an authentic replica of a six-pounder, assembled by Twentieth Century Fox motion picture studios in 1965 for a film.

In the second place, it's made of steel painted to resemble bronze, so trying to melt it down for scrap would only bring a paltry price.

Finally, while it is a working gun and has been fired frequently at various Civil War competitions around the nation, it's not a simple matter to operate the cannon, and a novice could easily lose a finger, arm, or worse, according to Wells.

"With all the talk about criminals using sophisticated assault weapons, it's funny to think that an 1842-model cannon may have been added to some drug dealer's arsenal," commented Wells.

When last seen, the brass-colored barrel of the cannon rested on olive green carriage wheels. The whole mechanism is about

five feet in height. Its transport trailer is blue and does not have license plates, Wells said.

The "street" value of the cannon is hard to estimate, Wells explained, because it hasn't been put up for sale. "It may be worth a lot of money to a collector, I suppose, but I can't imagine anyone who is a known collector of Civil War antiques stealing it.

"Where would they put it? Would they hide it in a cellar and creep down there in the dark of the night to look at it? This reminds me of a movie plot," Wells said. Whatever the market value of the motives of the thieves, the venerable weapon is priceless, nearly irreplaceable and of great sentimental value to the Civil War group.

A "nominal" reward is being offered for the cannon's return, (the group doesn't wish to reveal the amount), and if someone just brings it back, no questions will be asked.

San Miguel Fire Log

Continued from Page 2

July 25, 1989

9000 blk. Rosedale. Female, stroke.
10200 blk. Madrid Way. Male, head injury.
10800 blk. Calle Verde. Female, medical aid.
3600 blk. Kenora Dr. Female, medical aid.
12100 blk. Cuyamaca College. Female, medical aid.
2500 blk. Sweetwater Rd. Female, diabetic reaction.
700 blk. La Rochi Way. Illegal burn.

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Lemon Grove Review

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Advertising

All advertising is subject to current rate card. The publisher reserves the right to reject an advertiser's order. Only publication of an advertisement shall constitute final acceptance. Address all correspondence to: Forum Publications, Inc., P.O. Box 127, Lemon Grove, CA 92045

Cuyamaca College receives computer art grant for the physically challenged

Cuyamaca College has received a substantial grant to start a Commercial Art Training Center for the physically disabled. The project's total cost of \$270,000 consists of a combination of grants and donated equipment. Initially, the California Community College Chancellors Office approved a grant of nearly \$40,000 to provide instructors and materials. Digital Equipment Corporation (DEC) subsequently agreed to grant the college \$240,000 worth of the most advanced computer graphic equipment available. Macintosh computers will also be used in the program.

The project, under the direction of Carol Dreesen, is scheduled to begin as part of 1989's Fall Semester. The college is actively recruiting 24 qualified students to fill their class capacity. The 1-year program will include 2 12-unit semesters and a 6-week internship with major corporations who use the type of state-of-the-art graphics that the

MAC II and DEC computer systems produce.

Some of the local corporations who will support the project's internship program include: General Dynamics, Science Applications International (SAIC), and Naval Ocean Systems Center (NOSC). Students will receive a Commercial Art Specialist Certificate of achievement after extensive training in desktop publishing, illustration and animation in addition to job placement assistance.

Previously, Cuyamaca offered an Associate Degree in Technical and Scientific Illustration. The program has since been restructured and renamed Commercial Art. The new high-speed equipment will make students receiving their degree or certificates in Commercial Art more marketable when they seek positions in publishing firms and production companies that use advanced graphics. At the present time, the demand for qualified graphic

design graduates exceeds the number of trained applications and job opportunities are plentiful.

The new center will use modified existing equipment as well as the new hardware and software to allow physically challenged people to develop their skills to the highest level possible. For example, hearing impaired individuals have proven to be especially adept at computer design since they have had to become proficient at typing and visual skills at an early age.

Some of the programs that will be taught include: Interleaf, DECwrite, Aldus Pagemaker, SuperPaint, Adobe Illustrator, Ventura Publisher, Studio Eight and Coreldraw. The ambitious project represents the largest monetary value of any grant awarded in Cuyamaca's history. Anyone interested in further information or enrolling in the program may contact Teresa or Ken, Disabled Student Services Dept, 670-1980, extension 239.

Commentary

by Max Goodwin

Let's see now—

If you stacked up your money in \$1,000 piles, you'd have to make 1,000 piles to have a million dollars. Put the million in a stack, count out 1,000 piles the same height, and you've got a billion dollars.

This little exercise in arithmetic is to dramatize the size of a billion bucks. It really is big.

And to bring its effect on you, we relate it to a bill approved the other day by the U.S. House Of Representatives.

Look at it: \$15 billion for the Housing and Urban Development to spend during the coming year.

It becomes more interesting because a HUD operation in San Diego County is attracting media and federal attention.

There has been a strong suspicion that undue political pressure has been used in an Escondido development to get \$11.6 million approval by HUD for 145 unit senior project, and similar scams are happening nationwide.

In the Escondido apartment matter, it is alleged that HUD had rejected the development and its \$11.6 million loan but reversed its decision in 1987 after a Republican aide for both Presidents Reagan and Bush had interceded.

Recently, several HUD staffers were informed that they were being fired, but it is

not known whether the Escondido project is connected with the firings.

Congressional testimony and media reports have revealed how HUD members have been influenced by political officials regarding favoritism demands.

One person was alleged to be Deborah Gore Dean, an executive assistant to the former HUD Secretary Sam R. Pierce, Jr.

Several prominent political biggies are listed as having had part in awarding "hundreds of millions of dollars of HUD subsidies through GOP constituents."

The \$15 billion HUD 1990 program approval showed some congressional compassion when it struck \$250 million from an earlier budget.

We suspect that the cut could have been much greater if some of the foolish projects were deleted.

But "Let's go for it" seems to be for the people who love to spend our tax money. Several years ago, one congressman chided his confederates who urged spending prudence by saying "It's only money."

But, Hell's bells, HUD. It's OUR money. The money we sweated to earn.

No wonder spending constraints are becoming popular among voters. Many lawmakers will realize this at the next general election.

Sports Commentary

By John E. Wirges

The dream of easy money keeps the gambling dodge zipping along close to flank speed and it looks as if our little corner of Camelot is about to go into afterburner.

The folks down at Caliente way have parlayed Mexico's need for hard currency and the eternal dream of working folks for easy riches into a government O.K. for an expansion of their foreign bookmaking operating into sports betting.

That means that interested citizens can get a couple of bucks down on National Football League games, National Basketball Assoc. games, boxing matches and even major league baseball games.

The action seems to have caught Baseball Commissioner A. Bartlett Giamatti and the collective ownership of the NFL with their knickers at half-mast.

Giamatti is heavily engaged in legal proceedings designed to maintain and intensify baseball's long standing anti-gambling provisions.

Cincinnati manager Peter Rose is facing charges of betting on baseball, including charges of betting on his own team. If found guilty, Giamatti could ban Rose from baseball for life.

Pro football moguls are adamantly opposed to legalized betting on their games, but a juvenile approach and senseless delay in selecting a replacement for retiring Commission Pete Rozell leaves the NFL all but leaderless and vulnerable.

The NBA and the NHL are also against betting on games. They all want wins and losses in the stats columns, not a notation that they beat the point spread.

But the wishes of the American sports club owners are of little concern in Mexico. The planners of Mexico's economic development

desperately need hard currency. Gambling is a cash business and figures to go a long way in providing real dollars to bolster Mexico's cash flow.

How much money are we talking about? How about something like \$70 billion a year. That's what some law enforcement folks estimate is wagered illegally on sports events.

The population of Los Angeles, Riverside, Orange and San Diego counties top out somewhere near 15 million folks. That's a lot of betting money. Lotto and scratch off may be legal, but where is the excitement?

Pro football gives the bettor a whole week of anticipation and both baseball and basketball afford multi team parlays that could bring big rewards for a small investment.

American bettors figure to beat a path through broken glass to get their money down to the Tijuana sports books.

How long before the folks in Sacramento come up with measures to keep those betting bucks at home. The tax on gambling dollars is like found money to politicians.

No more will they have to put their jobs on the line by voting in higher taxes.

One problem arises. Wherever there is legal gambling, illegal betting follows. Bookies just can't keep their hands out of the pile. "If the state can do it, why can't we?" they ask.

Unfortunately, corruption and crime are partners to illegal betting shops. Officials can get rich just looking the other way.

What's right? What's wrong? Are the Pete Rose's right because they're doing what everybody else is doing? Is betting a sin?

We're gonna find out. Soon. Right here in Camelot.

From Where I Sit

by Frank Andrews

Gold Really Glitters

After 35 years I'm going to have to buy a toothbrush. I haven't brushed my teeth for over 35 years, as some of my close friends will attest. I have flossed and Listerine rinsed daily to keep my tusks this long.

My father, whom I idolized and tried to copy in every way, brushed his teeth vigorously every morning. He would pour a little salt or baking soda in his huge hand and, using the hardest bristled brush available, scrub across his sound, healthy teeth as hard as he could. His sound, healthy gums would bleed after each brushing.

I, wanting to be like Pop, would do the same thing to my nice young mouth. At about age 30, my dentist said, "Frank, you have worn your front teeth nearly all the way through by your vigorous over-brushing." He fixed the worn-thin front teeth with gold crown and gave me a short course in proper dental hygiene.

My front teeth were so sensitive, that I just completely stopped brushing them. The following 35 years I did not brush my teeth or even own a toothbrush. Besides, I never did have a cavity all that time. My healthy, strong teeth would astonish the dental profession.

Now comes the day of reckoning. On my recent visit to the dentist he advised, "Frank, your front teeth are just about worn down so far that this is the last chance to save them with crowns." He recommended full gold crowns for 16 teeth and quoted a price that would buy me a brand new Hyundai.

One thing that my father will always be remembered for was his gleaming smile. When he passed away at age 72 years, he still had all of his own teeth, but every tooth had a sold gold crown.

He must have polished them with a "blitz cloth" because when he opened his mouth his nuggets glowed like "the sun coming up in the east." He was nearly "worth his weight in gold."

It is either hereditary or my over brushing that has left my front teeth worn down to the gums. I just had 16 full steel reinforced porcelain crowns put on those front teeth.

The cost for porcelain instead of gold (about enough to buy a good camcorder) was considerably less and I can't remember when my mouth looked and felt so good.

I will now vow to buy a toothbrush and adhere to the old adage, "Brush your teeth at least twice a day and see your dentist at least once a year."



Letters from our readers

To the editor,

I would like to give a little praise for the letter printed in your paper of 7-27-89. A repair was made by a Mr. Robert Merritt, who repaired his own damaged fence that had been wrecked by a careless motorist. Then the city of Lemon Grove tells him he did not get a permit so he must pay double for one. Just how far, how petty, can City Hall get? I sympathize with Mr. Merritt. It is sickening.

I feel well qualified to speak on this issue. I have lived in Lemon Grove since 1933, except four years in the Air Force during World War II. I have been a licensed contractor 30 odd years, and have constructed many homes here in Lemon Grove and many other locations in San Diego County. I was never turned down on an inspection job or had any problems during that period. I have also repaired, or built new wooden fences without a permit and it was not breaking any laws at the time. I am commencing to wonder if we are running into a police state, and just how far we can go in improving our homes with-

out our local Gestapo stopping us?

Just for the record, either the city or schools owe me several hundred dollars, as I live next to a school and have had six broken windows from balls. When I call to find out who is responsible for this, they keep referring me to some one else. No one wants to take the responsibility. I was told to mail them a bill once, which I did, but I never got any response. Rather than fight I just pay and try to forget. At one time I even got hit in the head while working outside, knocked my glasses off, but no big damage. I have a handful of witnesses to these accusations, but I am 84 years old with emphysema and a heart problem, so my fighting days are over.

This is just a little part of the truth to back up Mr. Merritt. I've never met Mr. Merritt personally, but I can give him a feeling that he has been heard, like the old saying, "The pen is mightier than the sword."

Henry C. Eckler
Lemon Grove

Bromeliad Study Group to meet

The Bromeliad Study Group of Balboa Park, invites the public to the meeting, Tuesday August 8, at 7:30 p.m., Casa del Prado Room 104, in Balboa Park. The program will be a seed planting workshop and distribution of last year's plantings to all guests and members.

A generous plant raffle will follow the program and escort service to your car is provided.

Lemon Grove City Council news

By Fran Rottet

A summary of action taken at the City Council meeting of July 17, 1989 follows:

Fireman's Park, at the north-west corner of Central Avenue and School Lane, has been acquired by the city and has been designated parkland.

Funds are available through the State Park Bond Act program, in the amount of \$60,000. Staff was instructed to distribute a request for proposal for landscape design services. City Manager, Jack Shelver, has been authorized to negotiate an agreement for those services on behalf of the City.

After Lemon Grove City examined the environmental documents and comments of City Staff and the City's consultant (retained to review the Environmental impact Report for the Water Distribution Plan), they

found the proposed Water Distribution Plan did not adequately address some concerns. They have declared opposition to the proposed construction of a water transmission pipeline through the City of Lemon Grove. The city was taken under advisement by the County Water Authority Board, and a decision will be forthcoming soon.

Conditional Use Permit was approved for Mental Health Systems, Inc., for a 700-square-foot Non-Profit Outpatient Psychological Clinic at 7739 Pacific Avenue. This counseling agency will be operated on a by appointment only basis.

The Nutrition Project will soon move from the Community Center into the new Senior Center. City had discussed the feasibility of using that space (which will be vacated) for recre-

ation/administrative services. City staff has been authorized to solicit proposals and negotiate an agreement for design services to remodel and upgrade the Community Center.

Graphic Solutions Consulting Services has been contacted regarding possible development of a new City seal and/or logo to be used for promotional purposes and the development of a new signage program for the city.

A public hearing regarding a proposed increase in sewer fees was held. No one was in attendance to speak on the issue, pro or con. Sewer service charges at \$100 annually, is an increase of \$12 per year, and will appear on the property owners' tax bill.

Editor's Note: Fran will be gathering local news items from Lemon Grove residents and business persons for future issues.

"My One And Only" at Starlight Bowl

"My One And Only," the Tony award winning Gershwin musical will be presented by Starlight Musical Theatre at the Starlight Bowl in Balboa Park from July 27-August 13. "My One And Only" will feature Kirby Ward and Cynthia Ferrer as the starry-eyed lovers and tap dance veteran Harold Nicholas in the role of Mr. Magix. Don and Bonnie Ward, Starlight's Artistic Directors will direct and choreograph the San

Diego premiere of this romantic musical comedy.

Debating on Broadway in May of 1983 "with some of the most inspired choreography Broadway has seen in several seasons" (Frank Rich, New York Times), "My One And Only" was nominated for nine Tony awards, collecting three (a Tony for Tommy Tune as Best Actor, Charles Honi Coles as Best Featured Actor and one for Best Choreography).

With a collection of Gershwin songs pulled from their vast repertoire, "My One And Only" captures the essence of the 1920's time frame in which it is set. It contains such Gershwin classics as "He Loves and She Loves," "Strike Up the Band," "S Wonderful" and "Funny Face."

The musical centers around the love story between Billy Buck Chandler and Edythe Herbert, he, a dashing young aviator; she, the "only pretty girl" to have swum the English Channel. Billy dreams of becoming the first man in history to fly non-stop to Paris, breaking Lindbergh's trans-Atlantic record. However, once he sets eyes on Edythe Herbert, he falls head over heels in love, temporarily postponing his attempt at notoriety. The classic boy meets

girl, boy loses girl, boy get girl story takes numerous twists and turns before it is resolved in a happy ending.

Kirby Ward, who portrays Billy Buck Chandler, performed in the heralded Los Angeles production of "Strike Up The Band" last year following which he and his wife were asked by the Gershwin organization to come to New York for a special tribute to the Gershwin brothers. Cynthia Ferrer is no stranger to the role of Edythe, having played the role for the San Bernardino Civic Light Opera earlier this year. Prior to that Cynthia performed in a year-long national tour of "Singin' In The Rain."

Harold Nicholas, one half of the famous Nicholas Brothers dance team, will be featured as Mr. Magix. Nicholas, along with his brother, is well known for appearances in Hollywood musicals of the 30's and 40's. Their career began when they opened at the Cotton Club in 1932 headlining off and on with the likes of Duke Ellington and Cab Calloway for the next eight years. Nicholas' career has covered stage, film and television. Known nationally and internationally, he has received numerous awards for his talents.

"My One And Only" will play for 15 performances at the Starlight Bowl, Balboa Park with performances on the following dates: July 26-30, August 1-6 and August 10-13. All performances begin at 8 p.m.

For ticket information, including special discounts for children, students and groups, call (619)544-7827 between 11 a.m. and 6 p.m. daily.

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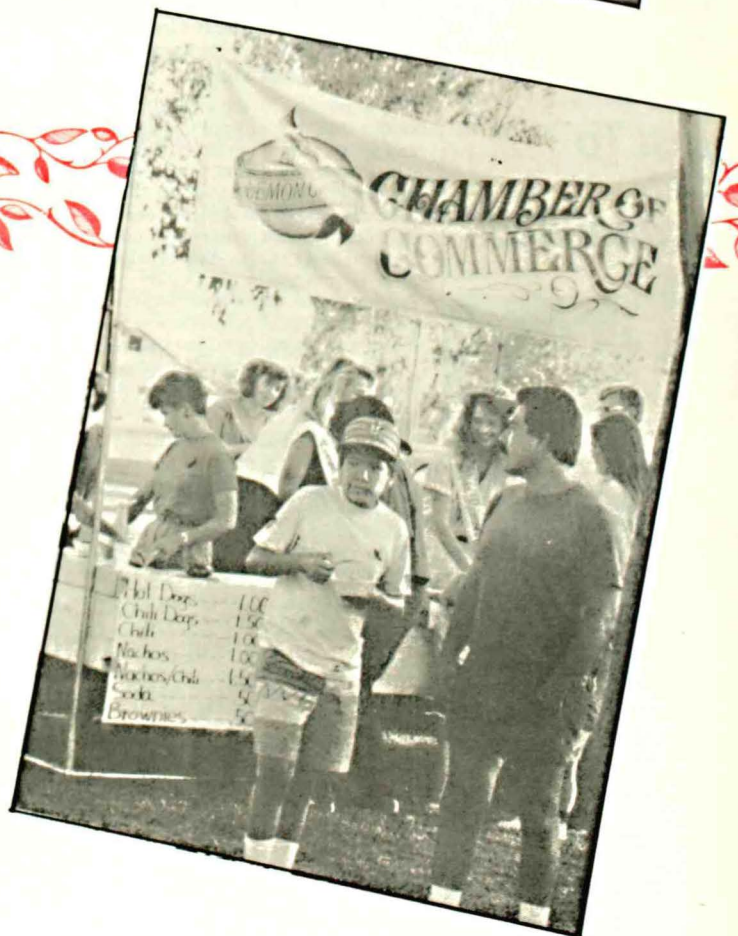
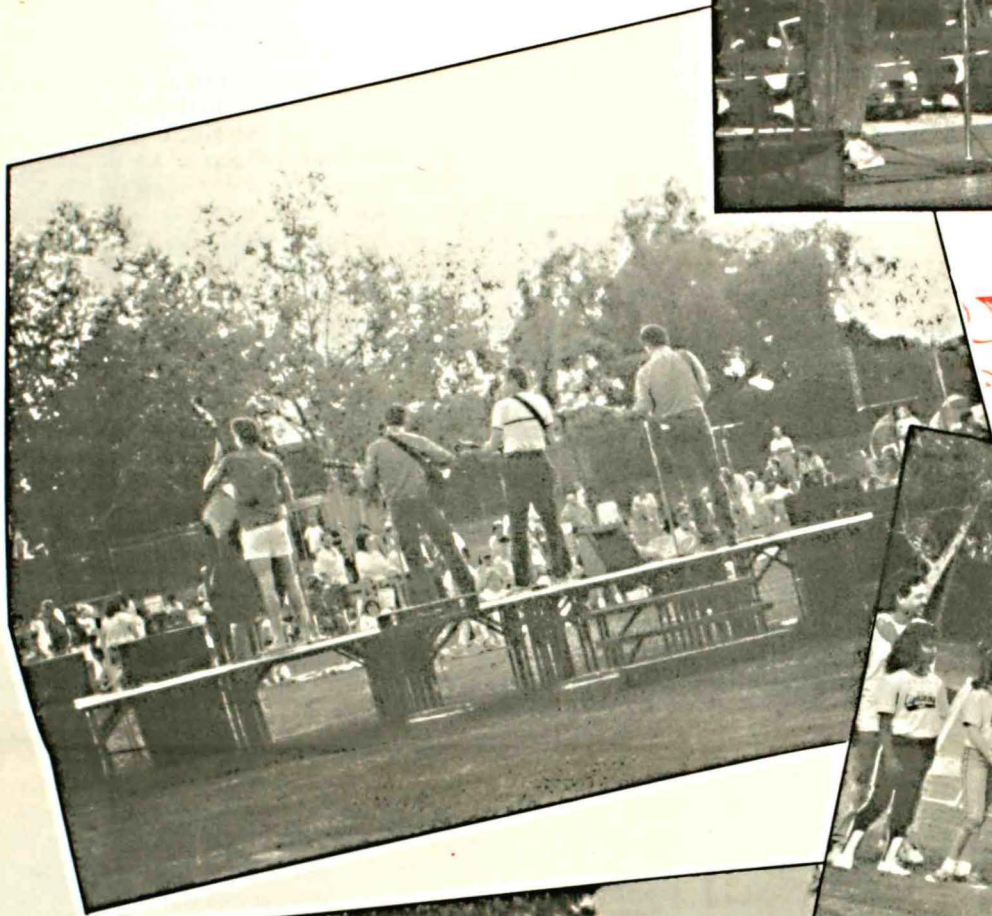
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Joe Freed on the Movies

"Friday the 13th Part VIII- Jason Takes Manhattan"

Movies like this are the hardest to review. It's not that I find it difficult to form an opinion, it's just that I know if I say I liked this film, a majority of my readers will never trust my opinions again. I really don't know why...severed limbs, decapitations and profuse bleeding aren't that offensive. So maybe I should explain myself.

Firstly, I am not commonly thought of as demented and I have never spent any time in a mental institution. Secondly, I try to have an open mind about all kinds of movies, including horror films. Lastly, I happen to be a fan of the "Friday the 13th" series, and I especially liked "Part VIII- Jason Takes Manhattan." Again, I think I should explain myself.

I may have liked the film simply because of the concept—Friday the 13th. Even though Part VIII broke tradition and did not open on the 13th, (it began instead on Friday July 28), I was having enough bad luck to get me into the spirit. After a week in which I received a \$22 parking ticket, misplaced my checkbook and auto registration, lost a poker game and locked my keys in the car, maybe I really needed a few dead teenagers and a theater full of screaming pre-pubescent. This movie is fantastic stress relief.

Now I'm not suggesting that everyone who sees "Jason Takes

Manhattan" is going to like it, and I am certainly not suggesting that everyone try. If you like horror films and also make a practice of taking a few grains of salt with you to the movies, there should be no problem. However, if you don't like horror films and don't think you could have a sense of humor about Jason literally punching someone's head off, it would be best if you stayed away. I really don't think you'd appreciate the story line.

Speaking of which, I guess I can tell you about the story without spoiling any surprises—we Jason fans know the plots are all the same anyway. You see, a few high school chums decide to celebrate their graduation with a little cruise to New York, and they just happen to set sail a few miles from that famous summer camp where Jason has murdered all those people.

Obviously, Jason manages to get on board the teen's vessel and then proceeds to murder the passengers, one by one. The characters are basically the same stereotypes that were in the other seven movies: a snob, a geek, a few jocks and the two which always survive in the end, the romantically entwined hero and heroine. Throw in the acceptable amount of adult supervision, (one protagonist and one antagonist, as usual), and the cast of victims is complete. It's always nice to

know the story before you buy your tickets. At least you never get confused.

The acting is good enough, even though the character's emotions are restricted to only lust and terror, and the special effects are adequately gruesome, if not always realistic. There is a major fault however, the marketing of the film and the title, "Jason Takes Manhattan," are misleading. The majority of the story takes place during the cruise and Jason's romp in the big city is limited to about 30 minutes, with most of that spent in subway tunnels. I guess the producers were afraid they wouldn't be able to sell tickets to a movie called "Jason Takes...a Boat."

It was once rumored that the makers of the "Friday the 13th" series wished to make 13 films in total, and they have continued to be popular enough to do so. But I don't know how there going to bring Jason back to life. This time he died in a sewer filled with toxic waste and did not return to his usual resting place in the lake, (where he usually is able to get rejuvenated). I'm sure they'll figure something out though, Jason's worth too much money to die.

CRITIC'S RATING FOR
"FRIDAY THE 13TH" FANS: A

CRITIC'S RATING FOR
NORMAL PEOPLE: F

San Diego Humane Society & S.P.C.A. hosts eight-week dog obedience classes

Anyone who'd like to improve the owner/pet relationship with his or her dog should enroll in an obedience class, stated Fred Lee, San Diego Humane Society & S.P.C.A. Executive Director.

"Obedience classes teach you how to better communicate with your dog," explained Chief Lee.

The San Diego Humane Society hosts an obedience class that lasts eight weeks. The class is held at the Shelter, 887 Sherman Street, for one hour each week and costs \$50 per dog.

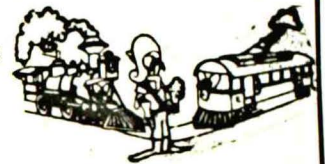
"People enjoy learning how to teach their dog to 'come,' 'sit,' and 'stay,'" Chief Lee said. He continued, "Our class instructor stresses that for every command

the dog is given, the owner needs to show lots of love and affection through praise and petting." Dogs and owners attain a stronger bond after completing the class, Lee added.

Owners may choose either Tuesday classes at 6:30 p.m. or 7:30 p.m., or Wednesday classes at 6:30 p.m. Classes will start on August 15 and 16. Registration begins on Tuesday, August 1, and must be done in person at the San Diego Humane Society before the first day of class. Proof of vaccinations is required when registering. Questions about the classes may be answered by calling the San Diego Humane Society at 299-7012.

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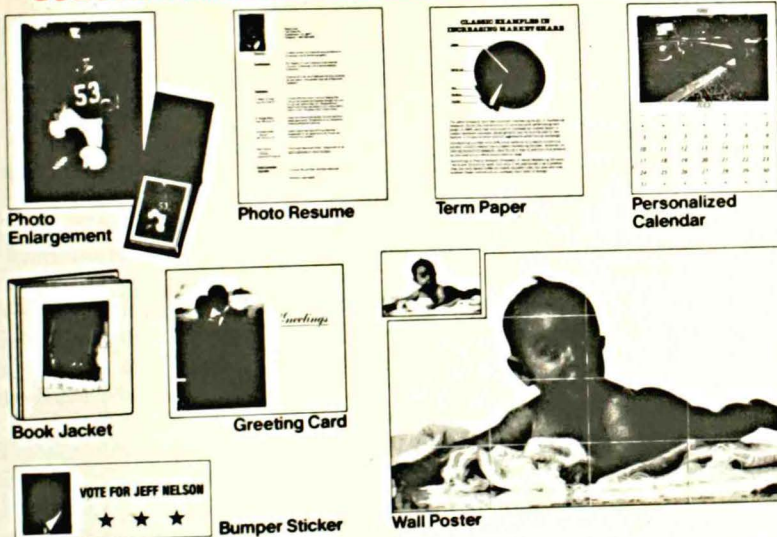
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Doctor uses unique treatment to cure pain

When a patient came to Dr. Richard A. Sandler with pain in her feet, he applied treatment to her ear and her condition improved.

Like many patients, she was surprised to learn that nerve endings in the outer ear form a "map" of all parts of the body. When these nerve endings are detected and stimulated, they can greatly lessen pain and facilitate healing. Stimulation may be done with acupuncture needles or by light superficial electrical stimulation, called "micro-current".

"This treatment is called auriculotherapy and it is surprising medical experts as well as patients," Sandler said. "The concept was startling to me when I first encountered it but I have since studied it carefully, and I now use it daily in my practice."

As a medical doctor specializing in physical medicine and pain treatment, Sandler uses traditional approaches as well, but when those fail he turns to alternative methods.

"Basically, what we are doing is helping the body to heal itself," he explained. Relief of pain frequently occurs in seconds and repeated treatments facilitate the body's healing response to elimi-

nate the cause of the pain. The treatment has been shown to release "endorphins", the morphine-like and hormone-like substances that act as the body's anti-pain and healing agents.

Auriculotherapy has proved to be especially valuable for treating musculoskeletal pain, such as neckaches and backaches, as well as for headaches and painful menstrual cramps. In addition, auriculotherapy has proved successful in lessening the withdrawal symptoms associated with tobacco, alcohol and narcotics addictions.

"This therapy is most successful when combined with a total musculoskeletal program, which may include joint mobilization, therapeutic exercises and other non-medical, non-surgical treatment," Sandler added. "These treatments are aimed first at healing the cause of the patient's pain and then to relieving the pain itself."

Dr. Sandler will discuss natural treatments for pain at a free seminar on Thursday, August 10, at 7 p.m. at the Radisson Hotel, 1433 Camino del Rio South, in Mission Valley.

For reservations or further information, please call 286-3734.

Glenfed, Inc. reports earnings for fiscal 1989

Glenfed, Inc., parent company of Glendale Federal Bank, today reported earnings before extraordinary items of \$116,015,000, or \$3.92 per share for fiscal 1989, ended June 30. This compares to earnings before extraordinary items of \$154,346,000 or \$5.28 per share for fiscal 1988.

Net earnings for fiscal 1989 were \$116,015,000, or \$3.92 per share, compared to \$189,353,000 or \$6.48 per share for fiscal 1988.

"Fiscal 1989 was the second most profitable year in our 70-year history despite a far more challenging and competitive environment than we had ever previously faced," said Marilyn Knehans, San Diego County Area Vice President.

"Our biggest challenge in fiscal 1989 was to maintain our excellent earnings momentum despite the compression of our interest rate spread and periodic deposit outflows, phenomena

which affected the majority in our industry. We are pleased that at the end of this fiscal year, both our spread and deposit flows have resumed their previous healthy growth.

"Our strong earnings in fiscal 1989 further strengthened our tangible capital base, and Glendale Federal Bank's capital exceeds the minimum capital requirements contained in the new legislation."

Glenfed, Inc., is a diversified financial and real estate services corporation and is the parent company of Glendale Federal Bank, the nation's fifth largest bank, which operates 239 branch offices in California, Florida and Washington. Glendale Federal Bank also operates subsidiaries in nine states engaged in commercial lending, title and general insurance agency activities, real estate investment and development, and securities brokerage.

San Diego Gas & Electric announces 2nd quarter earnings

Unaudited earnings per share for the second quarter ending June 30, 1989, were 72 cents compared to 66 cents for the same period last year, announced San Diego Gas and Electric.

Earnings for the second quarter were up six cents from last year due primarily to increased sales to wholesale customers.

Earnings totaled \$40.4 million, a 9.6 percent increase from last year's \$36.9 million for the same period. Operating revenues were up 2 percent to \$504.3 million

compared to \$494.4 million in 1988. Operating expenses were up 0.5 percent to \$437.3 million to \$435.0 million.

For the 12 months ending June 30, 1989, earnings per share were down 9.0 percent to \$2.94 compared to \$3.23 a share for the same period in 1988. This decrease is due to the impact of the California Public Utilities Commission's February vote to disallow the utility \$25 million of costs to import power over the Southwest Powerlink.



Serious job, funny avocation

Dwight Brashear is a San Diego Transit field supervisor, one of 11 field supervisors at the mass transit company.

As a field supervisor, he has 20 bus drivers whose attendance and job performance he supervises. He also coaches his team of drivers, lending valuable advice and assistance whenever the need arises. Part of Brashear's job involves making certain that the Transit company and its system of moving passengers never slow down. Toward that end, he handles any problems which may arise on the road.

Prior to becoming a field supervisor, Brashear was a driver himself for three years. "When I was the driver," he said, "the public came first. I see that same attitude exemplified by my driver team: Service really is the motto of our company."

When he isn't helping to keep the system moving smoothly and efficiently, Brashear is working at being funny. He started as a comedian two years ago at The Comedy Store. Since then he has been performing about once a month, mostly at benefits because money is not his end goal; enter-

tainment and making people laugh are.

Brashear, who makes his home in Lemon Grove, thinks that having a good sense of humor and looking for something funny in any situation also help him in his job. "Sometimes, road problems can bring tempers to the surface. A joke can usually diffuse the situation," he said.

San Diego Transit, the largest bus operator in the Metropolitan Transit System, employs approximately 850 people. The transit company operates 365 days a year.

Single parents

Continued from Page 1

Since childcare represented one of the biggest expenses she would face by working full-time, Vickie decided to wait until her youngest daughter was in kindergarten before seeking employment. Yet, because most of her adult life had been spent working in the restaurant business, she was not content to stay home bidding her time. Her involvement in the family business had included keeping the books, and she had completed an accounting course at the community college level four years before. During that time, she discovered that school was an environment in which she could be successful, and where she could gain the skills and knowledge to succeed in the work world. She intended to continue her studies until the fire disrupted her plans for the future.

With the memory of her successful college experience in mind, and a desire to obtain specialized training that would enable her to enter the accounting field, Vickie enrolled in the spring 1989 semester at Cuyamaca College. Her limited income and family size qualified her to receive a Board of Governor's Grant (BOGG), which waived tuition costs. She was also eligible for a federal grant to cover related educational expenses. Vickie planned to take day classes while her older children were in school and to find childcare for her two-year-old. But that's when the reality of finding adequate

and affordable childcare became the one barrier she could not overcome.

Cuyamaca College does not have a childcare center on campus, but Vickie was given a list of all the subsidized childcare options available in San Diego County. She contacted every local agency and school in the East County. Her older children could enroll in the La Mesa-Spring Valley School District's AM-PM Program, which offers after-school care at a reduced rate for low-income parents who work or attend school.

Her two-year-old was too young for the state subsidized Child Development Program run by the school district, and the waiting list for the Alternate Payment Program offered through the Childcare Resource Services was discouragingly long. Although she was willing to spend a large portion of her grant money on childcare, she would not receive her first check until March. With no place to put her daughter while she was in school, Ms. Bennett was forced to withdraw from classes in early February.

Not one to give up easily, even though her social worker advised her to stay at home until her daughter was older, Ms. Bennett kept in contact with the Extended Opportunity Programs & Services office at Cuyamaca College. The motivation and energy she demonstrated in seeking solutions

to her dilemma convinced the college to provide her with a Disadvantaged Students Scholarship to help cover childcare costs to attend school during the summer. At the same time, Cuyamaca College was informed that the EOPS Office had been awarded a CARE grant, which provides subsidized childcare and transportation costs to single parent AFDC recipients who attend school on a full-time basis.

Vickie's difficulty in obtaining affordable childcare is an all too common obstacle that low-income students encounter when they seek vocation and/or educational training. It was a problem that the EOPS office was very familiar with also. In seeking the CARE grant, the goal was to provide additional childcare resources and educational assistance to a target population of students caught in the "welfare trap." Cuyamaca College will be actively recruiting single parent AFDC recipients with a child under the age of six-years-old, to enroll in the CARE/EOPS program for the 1989-90 school year. The program will include vocational assessment, educational planning and academic and personal support, as well as the financial aid to attend school.

Interested low-income single parents who think they may qualify are encouraged to call Cuyamaca College at 670-1980, extension 273, and ask for Mary Rider, the CARE Coordinator.

East County football players to compete in All-Star Classic

The 40th High School All-Star Hall of Champions Classic, featuring high school football athletes from the city of Los Angeles and San Diego County, is scheduled to begin at 7:30 p.m. on Saturday, August 5 at Torrey Pines High School Stadium in Del Mar, California.

Players expected to participate

from East County include: David Taylor from Helix High, Eugene Ethridge from Mt. Miguel, Doug Kemp also from Mt. Miguel, and Andy Trakas from Patrick Henry.

Tickets for the game will cost \$10 for reserved seats and \$5 for students and general admission, and are available at all Ticketmaster outlets.



Youth hockey registration set

The San Diego Youth Hockey Club (SDYHC) has set registration for the coming season at University Towne Center-Ice Capades Chalet. Dates and times are as follows:

Children Born in:	Registration:
1980-1984	Friday, August 4, 1989 at 5:15 p.m.
1976-1979	Sunday, August 6, 1989 at 9:30 a.m.
1969-1975	Monday, August 7, 1989 at 9:15 p.m.

Registration fee is \$60 and parents should bring two photocopies of their child's birth certificate. Please call 755-5753 if your child would like to play and you are unable to attend on these days.

The SDYHC (formerly the San Diego Amateur Hockey Association) has been in existence for over 10 years and currently serves over 200 young athletes who enjoy the benefits of recreation and competition that hockey provides. The program provides for 10 levels of skill ranging from beginner to advanced.

NABF title bout scheduled

Tony "Bazooka" DeLuca is fighting Willie Salazar for the North American Boxing Federation (NABF) Junior Flyweight title Thursday, August 17 at El Cortez Convention Center.

Salazar, the defending champion, last defended his title September 30, 1988 in Juarez, Mexico, by knocking out Ysaías Zamudio in the 9th round. Salazar, of Guadalajara, has 25 KO's in his 35 victories.

Bazooka's manager, Bob DePhilippis, said, "This is the fight we have been trying to put together for more than a year.

DeLuca is ranked no. 4 in the NABF and we think DeLuca is the best 108 pounder in the world. A big win here will put DeLuca no.1 or 2 in the world and open the door for a WBC or IBF title fight in his own weight class."

Also on the card will be four preliminaries. One features San Diego's Macho Italiano Philipo D'Amelio vs. Roberta Servin.

Also signed are Lightning Lee Lark (175 lbs), Carlos "Max" Gonzales (145) and Ray Harring (175). Their opponents have not been signed as of this writing.

The first fight starts at 7:45 p.m.

Lightning heading to Nationals, also

Lightning, from Valley-Mesa-Grove in East County will be representing San Diego and Southern California at the 12 and under Junior Olympic National Championship in Tulsa, Oklahoma August 9 through 13. Lightning is the first 12 and under team from San Diego to ever qualify for the National Championship. They

will play teams from many different states and will do their best to represent San Diego.

Bob Castellanos, president of the Valley-Mesa-Grove Board of Directors said, "We need your support; we are asking for donations to help the girls get to Tulsa. Any amount you can give will be greatly appreciated. We need

\$6,000. Our goal is to get 60 businesses or individuals to donate \$100."

For further information, you can reach Castellanos at 469-7411 or 268-6018. Checks should be made payable to Lightning Girls Softball and mailed to 8011 Blossom Lane, Lemon Grove, CA 92045.

What makes the Crunchers winners

The Spring Valley Crunchers are the 1989 California State-at-Large 19-under girls fast pitch softball champions! What is the make up of a team that has won state titles in three of the last four years?

We asked manager Grace Brickner what she thought was the secret of the team's success. "The most important element is the girl," Brickner said. "That may seem like a simple answer, but we have certain criteria before

we invite a girl to be a Cruncher. She must be a good citizen, a good student, have good morals and is a girl that we know will exemplify the all-American girl. We have no super stars on our team.

"We had 11 players return this year, so we must be doing something right. We picked up two players who had gone to Nationals last year with a different team. Thirteen of our players have had national exposure. The other two rostered players are girls who we knew as young ladies with most supportive parents. Most competitive coaches are always looking to improve their team and usually at the expense of the girls already on the team. I know that having stability, girls who know how each other play, is better than constantly going out and looking for the "best" players. We have the best players, I would not trade one of my girls for anyone in the county.

"Softball is made up of defense, offense, pitching, coaching and some luck. We have the best coaches in the county. John Brickner is an excellent defensive coach- none better. Ralph Mora is most concerned about scoring the runs. He is excellent offensively. Something that I feel is important is that the young ladies have a role model. We have two female coaches. Roma Dawson has been to Nationals seven times as a player! She is excellent. Sheri Riley is young, energetic and is still a college student. The girls can quickly identify with her. She works on the individual needs of the girls. She has already coached at the high school level. Our pitchers are all students of Don Sarno. They have videos to watch in between the times that we travel to Brea to take a lesson. Plus they always listen to each other's lessons so they can help each

other.

"We are a young team with no girl the maximum age of 19. We can compete at this level again next year with all of the same girls. Being so young could hurt us at Nationals when we go up against older teams, but I think our girls have experience, desire, and continuity that will make up for their youth.

"In addition, a most important ingredient is parental support. Our parents are the best ever. We communicate, we have fun together, we share a common goal- the nurturing of our daughters. We are together winning or losing. I cannot say enough about the importance of supportive parents. Parents can literally tear apart a good team.

"Communication is so important. As the manager, most of that responsibility falls upon me. For years I have printed newsletters for the girls. They get a letter at least once a week. We plan upcoming events, uniforms to wear, who is doing what, softball skill improvements, tournament information, etc. I respect the time, effort and money that parents spend so that their girls can participate in softball. I want them to feel that they are an integral part of the team.

"Crunchers are busy working on the fundamentals for the next two weeks in preparation for their trip to Sioux Falls. Most of the girls will be flying and that does cost money. If you want to support this fine group of young ladies, please send your tax deductible contributions to SPRING VALLEY CRUNCHERS, 4751 Jeffer Lane, La Mesa CA 92041.

"They really are in need of financial help. The cost per girl for the trip is about \$450. Please help make this trip to Nationals a reality."

Pay per view cable to offer live SDSU games

Three Aztec home football games, including the opener against UCLA, will be televised live on a pay per view basis to most cable subscribers throughout San Diego County.

The games are September 16 against UCLA, October 21

against University of Pacific and November 11 against Wyoming, defending Western Athletic Conference champion.

Cost for all three games is \$29.95 and those subscribing will receive two free reserved tickets to the New Mexico State game on

November 4. Individual games may be purchased at a single-game cost of \$12.95.

The telecasts begin at 6:45 p.m. with the pre-game show. Kickoff is scheduled for 7:05 p.m. Sportscenter Ron Reina will handle the play-by-play with former Charger linebacker Bob Babich providing commentary.

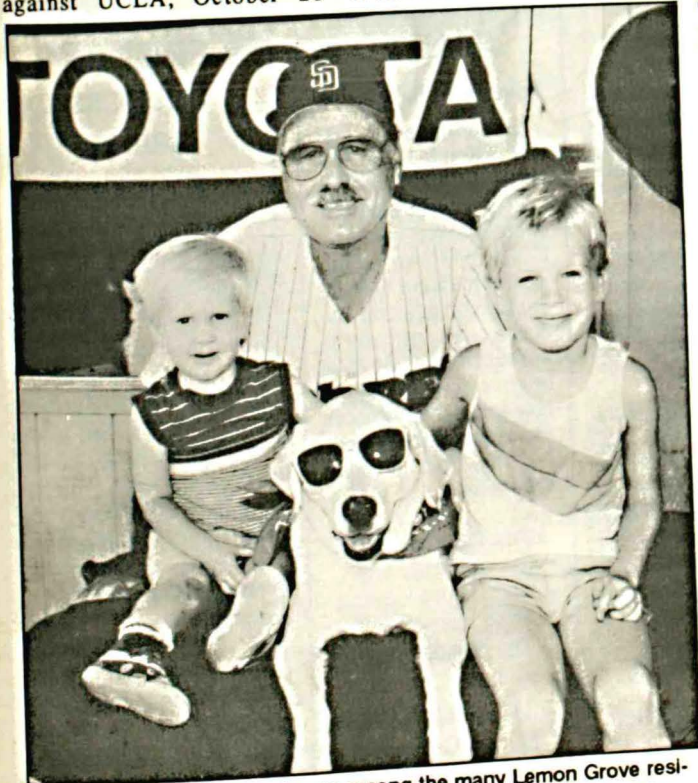
Grossmont grad heading for USIU

Head Coach Margaret Sutter announced the addition of three players to the U.S. International softball program.

Barbara Dotson, Chelcee Clifton and Nicky Wofford will join the Gulls roster next season after enrolling USIU in the fall.

Dotson, a catcher from Grossmont High School in San Diego, is the only local player among the three signees. A two-time All-CIF first-teamer and three-year all-leaguer, Dotson will give the Gulls added depth behind the plate.

"Barbara is capable of making an impact right away," Sutter said. "She has good size and moves well behind the plate, but best of all, she has a good concept of the game," the coach added.



Nathan and Cortney Colbert were among the many Lemon Grove residents who met Jack McKeon and Sonny the dog at Lee White Toyota.

Lemon Grove VFW to distribute food to area residents August 4

The Lemon Grove Veterans Of Foreign Wars (VFW), in association with the Neighborhood House Program, will distribute food, free of charge, to residents and families experiencing financial strain tomorrow, August 4.

VFW post 2082 distributes food items on a monthly basis and serves about 500 citizens a month. The food service, which is a part of the Federal Government's Farm Subsidy Program, works out of post 2082 headquarters, located at 2885 Lemon Grove Ave., and begins at 8:30 a.m., closing when all food is gone or at 12 p.m.

The free distribution is open to anyone living within zip code 92045 who also is receiving Food Stamps of has a total family income within the guidelines listed following this article. Each participant must sign a form which certifies that the above is true and must provide proof of home address within the area code.

Friday's food distribution will include butter, flour, honey, pork, vegetables and peanut butter.

Household size	Maximum Monthly Income	Maximum Annual Income
One	\$601	\$7,212
Two	\$805	\$9,662
Three	\$1,009	\$12,112
Four	\$1,213	\$14,562
Five	\$1,417	\$17,012
Six	\$1,621	\$19,462
Seven	\$1,826	\$21,912
Eight	\$2,030	\$24,362
Nine	\$2,234	\$26,812
Ten	\$2,438	\$29,262

For households over 10 persons, add \$204 for each additional person to the monthly income maximum amount, and \$2,450 for each additional person to the annual income maximum amount.

Nutrition Centers to move senior program

In a manner which both surprised and shocked the seniors who are participants in the programs, as well as the management personnel of Spring Valley's Park & Recreation District, Valley Grove Nutrition Center's Director, Lourdes Contreras, gave the 30-day notice of intent to cancel the contract with the Recreation District. The seniors were told last Thursday that the program is going to be moved to an unnamed church in Spring Valley, but most were at a loss for why. Many believe that this is just a step towards consolidation of the program in Lemon Grove.

However, since the advent of grey power, seniors no longer go quietly, or without a fight. The Spring Valley contingent intends to fight to remain at the Community Center. A letter writing campaign has already begun.

Marty Nicholson, director of the Recreation District, said, "I'm opposed to moving the site; it doesn't make any sense. The Seniors don't want to move, and we are about to break ground for an additional room for seniors. The previous Nutrition Director

even gave us input on office space needed and so forth. And now with a new director, the contract is suddenly terminated after nine years of cooperative effort."

The letter of termination reportedly cited dangerous traffic conditions, drunks in the park and noise and confusion in the hallways as reasons for making the change. But Nicholson said that

in nine years of hosting the program, these had not been mentioned as problems which needed to be resolved.

In fairness to Lourdes Contreras and the Nutrition Board, this story was reported just prior to going to press, and we were unable to contact them for confirmation or additional details. We will try to follow up next week.

County-Wide Mobilehome Task Force to conduct public meetings

The County-Wide Mobilehome Task Force, established by the San Diego County Board of Supervisors, is scheduled to conduct a series of public meetings on mobilehome issues during the month of August in various locations throughout the County.

The public meetings will provide an opportunity for all interested parties to address the Task Force on such issues as affordability/rent stabilization, displacement and relocation options, methods of resident park purchasing, development impediments and incentives, methods of public/private financing and anal-

ysis of government regulations.

Appointees to the Mobilehome Task Force by the Board of Supervisors are Cliff Roland (Chairman) representing District 1; George Smith representing District 2; Chara Falcone representing District 3; Norman Mann representing District 4; Jack Stofor representing District 5; Clarence Wilson represents the County of San Diego Planning Commission; Don Olmsted and Martha Hancock represent the Golden State Mobilehome Owners League, Inc.; and Bert Caster and Alan Tarlov for the Western Mobilehome Association.

PUBLIC NOTICES

H 044562
NOTICE OF TRUSTEE'S SALE
T. S. No. 89-9352
IMPORTANT NOTICE TO PROPERTY OWNER:
YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED MARCH 22, 1985, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC AUCTION. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On August 24, 1989, at 11:00 A.M. San Diego Foreclosure Services, Inc. as duly appointed trustee under and pursuant to Deed of Trust recorded April 19, 1985, as inst. no. 85-135906, in Book 1985 of Official Records, in the office of the County Recorder of San Diego County, State of California executed by Kenneth R. Anderson and Monika S. Anderson WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at the front entrance to 3737 Camino Del Rio South of the Mission Valley Corporate Center, San Diego, CA 92108 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

Lot 494 of San Altos Terrace Unit No. 3 according to Map thereof No. 3982 filed in the office of the County Recorder of San Diego County, October 7, 1958.

The street address and other common designation, if any, of the real property described above is purported to be: 1482 San Altos Place, Lemon Grove, CA.

The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust, to-wit: \$7,600.00 with interest thereon from January 22, 1989 @ 14% per annum as provided in said note(s) plus costs and any advances of \$724.50 with interest as of first date of publication.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. San Diego Foreclosure Services, Inc. 3737 Camino Del Rio South, Suite 207 San Diego, CA 92108 (619) 284-9221 By: Sally R. Clark President Authorized Signature Date: July 25, 1989 Aug. 3, 10, 17, 1989 Lemon Grove Review

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 89 16127
The Name of the Business: "CHURCH" STREET DEVELOPMENT, LIMITED PARTNERSHIP
located at: 7020 Alamos Avenue, Suite B, San Diego, California 92154 is hereby registered by the following owner:

ENRIQUE BRUNET
7020 Alamos Avenue, Suite B San Diego, CA 92154
and
MARCELA BRUNET
7020 Alamos Avenue, Suite B San Diego, CA 92154
This business is conducted by: a Limited Partnership.
The registrant commenced the transaction of business on: January 4, 1989.
Signature of Registrant: ENRIQUE BRUNET
Enrique Brunet, General Partner
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on July 11, 1989. Lemon Grove Review July 13, 20, 27 & August 3, 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 89 16126
The Name of the Business: "A" STREET DEVELOPMENT, LIMITED PARTNERSHIP
located at: 7020 Alamos Avenue, Suite "B", San Diego, California 92154 is hereby registered by the following owner:

ENRIQUE BRUNET
7020 Alamos Avenue, Suite B San Diego, CA 92154
and
MARCELA BRUNET
7020 Alamos Avenue, Suite B San Diego, CA 92154
This business is conducted by: a Limited Partnership.

The registrant commenced the transaction of business on: December 1, 1989.

Signature of Registrant: ENRIQUE BRUNET
Enrique Brunet, General Partner
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on July 11, 1989. Lemon Grove Review July 13, 20, 27 & August 3, 1989

NOTICE OF DEATH AND OF PETITION TO ADMINISTER ESTATE OF GERTRUDE LOUISE WITHEM also known as GERTRUDE L. WITHEM
Case Number: 149756
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of: GERTRUDE LOUISE WITHEM, GERTRUDE L. WITHEM

A PETITION has been filed by GARY L. WITHEM in the Superior Court of California, County of SAN DIEGO requesting that GARY L. WITHEM be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. This authority allows the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative is required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to this petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on August 21, 1989 at 1:45 P.M. in Dept. F-5, located at 1551 Sixth Avenue, San Diego, CA 92101. IF YOU OBJECT to the granting

of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire prior to four months from the date of the hearing noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in section 1250 of the California Probate Code. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
H.L. Young
3180 University Ave., Suite 210 San Diego, CA 92104
H.L. YOUNG
Attorney for Petitioner
Lemon Grove Review July 27, August 3 & 10, 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 89 16674
The Name of the Business: BOBBY'S DELI

located at: 6230 Federal Blvd., San Diego, California 92114 is hereby registered by the following owner:

ROBERT W. KIM
10959 Cool Lake Terrace San Diego, CA 92128
and
MYUNG J. KIM
10959 Cool Lake Terrace San Diego, CA 92128

This business is conducted by: Individuals-Husband and Wife.
The registrant commenced the transaction of business on: July 15, 1989.

Signature of Registrant: ROBERT W. KIM
Robert W. Kim
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on July 18, 1989. Lemon Grove Review July 20, 27, August 3 & 10, 1989

NOTICE OF DEATH AND OF PETITION TO ADMINISTER ESTATE OF BEATRICE E. GLASER
Case Number: 149353

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of: BEATRICE E. GLASER

A PETITION has been filed by KENNETH O. NASIFE, SR. in the Superior Court of California, County of SAN DIEGO requesting that KENNETH O. NASIFE, SR. be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority allows the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative is required to give notice to interested persons unless they have waived notice or

consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to this petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on August 14, 1989 at 1:45 P.M. in Dept. F-5, located at 1501-55 Sixth Avenue, San Diego, CA 92101.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire prior to four months from the date of the hearing noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in section 1250 of the California Probate Code. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
Ross C. Provence
411 W. Madison Avenue El Cajon, California 92020
ROSS C. PROVENCE
Attorney for Petitioner
Lemon Grove Review July 27, August 3 & 10, 1989

NOTICE OF PUBLIC HEARING PROPOSED 1989-90 BUDGET

In accordance with the provisions of the Education Code Section 42103 or 85003, you are hereby notified of the preparation of the proposed Annual Financial and Budget Report of the LEMON GROVE SCHOOL DISTRICT for the 1989-90 school year or college year.

The proposed budget, computed district tax requirement, and any recommendations made by the Superintendent of Schools, San Diego County, shall be available for public inspection of AUGUST 22, 1989 from 7:30 a.m. to 4:00 p.m. at LEMON GROVE SCHOOL DISTRICT OFFICE, 8025 LINCOLN STREET, LEMON GROVE, CA 92045.

YOU WILL THEREFORE TAKE NOTICE THAT THE Governing Board of the LEMON GROVE SCHOOL DISTRICT will conduct a public hearing of the proposed budget on SEPTEMBER 12, 1989 at LEMON GROVE SCHOOL DISTRICT OFFICE, 8025 LINCOLN STREET, LEMON GROVE, CA 92045 at 7:30 p.m.

Thomas C. Boyesen
County Superintendent of Schools
San Diego County
Dated: August 1, 1989
Lemon Grove Review August 3, 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 89 17745
The Name of the Business: GOLDEN STAR DRYWALL

located at: P.O. Box 1674 in Bonita, CA 92002-0923 is hereby registered by the following owners:

MICHAEL ALTINGER
3031 Plaza Lorenzo Bonita, CA 92002
and
JOSE GILBERT CHAVEZ
833 Tamayo Drive, #2 Chula Vista, CA 92010
and
JOSEPH WM. LOESCHNIG
1172 Melrose Ave. Chula Vista, CA 92011

This business is conducted by: a General Partnership.
The registrant commenced the transaction of business on: N/A.

Signature of Registrant: MICHAEL ALTINGER
Michael Altinger
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on August 1, 1989. Lemon Grove Review August 3, 10, 17 & 24 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 89 17743

The Name of the Business: GOLDEN STAR DEVELOPMENT
located at: P.O. Box 1674 in Bonita, CA 92002-0923 is hereby registered by the following owners:

MICHAEL ALTINGER
3031 Plaza Lorenzo Bonita, CA 92002
and
JOSEPH WILLIAM LOESCHNIG
1172 Melrose Ave. Chula Vista, CA 92011
and

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The La Mesa Forum
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Spring Valley Bulletin
The Santee Forum

7834 Lester Avenue
Lemon Grove, CA 92045

Fictitious Business Names BY MAIL!

Now you can renew your Fictitious Business Name Statement (or file a new one) without interrupting your busy day. The Lemon Grove Review and the Spring Valley Bulletin will mail you the forms to complete at your convenience, and you can complete the process by returning the forms by mail or in person.

Call 469-0101 to have forms sent to you. Remember, you must renew your Fictitious Business Name every five years.

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Lemon Grove
463-6601

Realtors

Eva Berry
Century 21/Pearce Realty
7779 Broadway
Lemon Grove • 463-6625

Cookie Ringhand
Pro Consultants Partners
7863 La Mesa Blvd.
La Mesa • 466-7993

Elvor Christopherson
Swedish Cowgirl Realty
3260 Main St.
Lemon Grove • 697-8312

Shoe Repair

Lee's Shoe Repair
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464-9807

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Lemon Grove
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San Diego, CA 92115
287-8880

Casa de Oro Travel
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Spring Valley, CA 92077
461-8222

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460-0461

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Pat Burnett-Melega
P.O. Box 2599
Spring Valley
589-7737

announcements

GIRLS WANTED
from the Spring Valley and surrounding area between the ages of 9-19 to compete in this year's Miss Pre-Teen, Jr. Teen, and Teen

1989 SAN DIEGO PAGEANTS.

Over \$15,000 in prizes and scholarships paid trip to Nationals in Orlando, Florida. Call for more information, 1-800-345-2330.

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IS IT TRUE you can buy Jeeps for \$44 through the U.S. government? Get the facts today! Call 1-312-742-1142 Ext. 7727.

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employment

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Paint lovely miniature toys, earn \$20 set. No experience necessary. Amazing recorded message reveals details. Call anytime 1-900-456-4567, Extension 6687 (cost \$1 minute).

\$350 / DAY processing phone orders! People call you. No experience. Call (refundable) 1-315-733-6063, Extension P-341.

EARN \$10.00 A MONTH per store for approximately 40 minutes of work. We are a toy manufacturer looking for an inventory representative to arrange, count and restock our toys in your local Toys R Us store. Interested people write to Dorothy Currie, Amav Industries Ltd., 2345 Lapierre St., LaSalle, Quebec H8N 1B7.

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Small weeklies in East County need your assistance. Call 469-0101.

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for rent

EL CAJON, \$510.00. Spacious 2 bdm., 2 bath, new dishwasher, frost-free refrigerator, A/C, pool. Walk to downtown. No pets. 225 Taft Ave. 579-6517.

LEMON GROVE - Studio cottage; all utilities paid, lrg. closet; separate kitchen, light, airy, private. \$350 a month. 543-2072 8-4 p.m. 463-7149 after 5 p.m.

LA MESA 1-2 BR, \$410-\$485. Electric paid, pool, appliances, laundry, cat OK. Agent/223-2425.

for sale

10" DELTA TABLE SAW with 6" planer - 1 hp, 220 V. Also, 6" sander with disc. Call 466-2721.

OXYGEN TANK. Used 2 months. Originally \$175. Asking \$75. Call 465-7830 / 264-3347.

KITTENS: White, dark caps; 2 long hair, 2 short hair. Part Siamese, part Himalayan - 10 weeks. \$1. each. 463-3074.

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☐ Spring Valley Bulletin

By acting now I can save \$3.00 off the annual price of \$15.00 and receive 52 weeks for only \$12.00. I'm enclosing my check for \$12.00 to start my subscription immediately. Subscriptions which must be mailed to addresses outside of San Diego County are \$26.00 for 52 weeks.

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or to place your ad.

Romance Writers to meet Aug. 12

The national conference of Romance Writers of America, held in July in Boston, will be the topic at both morning and afternoon sessions of the August 12 meeting of the San Diego Chapter, RWA. More than a dozen members of the local chapter, including its president, Betty Duran, and the Region VI advisor and regional representative, Marian Jones, attended the Boston conclave.

Both board members and members-at-large were instructed by the chapter to report on such matters as new policies of leading publishing houses, current agent

effectiveness, trends in romance writing, and any regulations governing the national professional association.

Reports will be presented at both the 10 a.m. and 1 p.m. sessions, superceding the usual 10 a.m. workshop.

San Diego chapter, RWA, meets on the second Saturday of each month at the Hindquarter Restaurant, 7040 Miramar Road, San Diego. A lunch break separates morning and afternoon sessions. Visitors and guests are welcome to attend. For more information, call Betty Duran, (619) 724-5146.

Military Widows plan meeting

The Inland San Diego County Chapter, Society of Military Widows, will have Jerry Suppa from the San Diego County Bar Association as guest speaker at the business meeting Saturday, August 12.

Suppa will speak on the subject of "Small Claims Court-The Procedures and Requirements." The meeting will be at 10:15 a.m., with coffee and cookies

being served during a 15-minute social period. The business agenda and program will follow.

The Chapter will meet at the Hillside Recreation Center, 840 Buena Terrace in El Cajon. All Military Widows are encouraged to attend this informative program.

Further information may be received by calling 443-8804 or 465-2140.

Fact sheets available from API

Drug and alcohol abuse among teens has reached epidemic proportions in this decade. Studies indicate that more than 90% of high school kids will try alcohol/drugs before graduation, and two of every ten kids who experiment with drugs or alcohol will become an addict.

In an effort to provide San Diego County with accurate information on teenage substance abuse, Alvarado Parkway Institute's Child & Adolescent Center has developed free fact sheets on substance abuse and recovery. The fact sheets describe

the warning signs and the process of recovery.

When a teen is abusing substances, their family life, relationships and school performance all begin to deteriorate. Often emotional or physical problems will be aggravated. They may try to stop but almost never succeed with intervention and help.

When a parent requests a free fact sheet it may be the first line of defense to prevent a substance abuse problem or the start of an intervention process to help the addicted teen. The fact sheets are available by calling 465-1000.

In The Service

News of our armed forces personnel and their families

Army Spec. Valerie T. Duarte has arrived for duty at Fort Huachuca, Arizona.

She is a wire systems installer with the 40th Signal Battalion.

Duarte is the daughter of Edward T. Craven Jr. of 1636 San Altos Place, Lemon Grove, and Dale C. Proefrock of 4659 Goldfield Ave., Long Beach.

The specialist is a 1986 graduate of Monte Vista High School, Spring Valley.

Marine Lance Cpl. Dung T. Ho, brother of Tri T. Ho of 1927 Dain Drive, Lemon Grove, has been awarded a Meritorious Mast while serving with 1st Marine Aircraft Wing, Iwakuni, Japan.

A Meritorious Mast is an official recognition from a Marine's commanding officer for superior individual performance. It is issued in the form of a bulletin published throughout the command, and a copy is entered in the Marine's permanent service records.

A 1986 graduate of Mt. Miguel High School, Spring Valley, he joined the Marine Corps in November 1988.

Air Force Reserve Airman Steven S. Zasqueta has graduated from air Force basic training at Lackland Air Force Base, Texas.

Zasqueta is the son of Serafin A. Zasqueta of 8350 Golden Ave., Lemon Grove, and Barbara A. Zasqueta of Helix Del Sur, La Mesa.

He is a 1986 graduate of Monte Vista High School, Spring Valley.



Airman Steven S. Zasqueta

Woman's Club to hold annual breakfast

The Spring Valley Federated Woman's Club will hold their annual breakfast at 9:30 a.m. at Heidi's Restaurant, 8099 Broadway, Lemon Grove.

The cost of the breakfast will be \$6.50, which includes tax and tip.

Membership in the club is open to all women interested in community service.

Spring Valley Woman's Club has a choral group, reading group, craft section and creative writing group.

Cancer HelpLink to begin service at Grossmont

Beginning August 14, a new service presented by Grossmont Hospital will allow cancer patients and their families to get answers to their questions with a quick phone call.

Cancer HelpLink will provide information about treatment, diagnosis, coping skills and prevention. Oncology nurses will be on call at the Cancer HelpLink number to answer specific questions concerning symptoms, treatments and options for those whose lives are affected by the disease. All calls will be treated confidentially.

The service is open to family members as well as cancer patients themselves, since spouses and relatives often are the key decision-makers in a patient's options for treatment.

The Cancer HelpLink number will be 1-800-999-LINK. Hours will be from 8:30 a.m. to 5:30 p.m. weekdays.

The service, which will be offered free of charge by Grossmont Hospital, is the only one of its kind in the County.

Varied list of items to be auctioned at County Operations Center

Modes of transportation ranging from one to 300 horsepower will be auctioned Saturday, August 5, at the County Operations Center, 5555 Overland Avenue. The sale begins at 9 a.m.

Among the more unusual items to be sold by the County of San Diego and some 17 other local agencies and municipalities are a police horse and a 1937 Harley-Davidson motorcycle. Other vehicles to be included in the auction range from all-terrain vehicles to refuse trucks.

Between these extremes are a variety of late model cars, trucks

and vans, a hulline boat, road graders, dump trucks and school busses. Also included is equipment from a high school metal shop and wood shop.

Business and electronic equipment to be sold includes VCR's, desks, typewriters, copiers, file cabinets, and chairs.

Public inspection and pre-registration will be August 3 and 4 from 8 a.m. to 5:30 p.m. and August 5 from 7:30 a.m. to 9 a.m.

For auction information, telephone the County Purchasing and Contracting Department at (619) 694-3065.

Free Nanny Program offered by ROP at Grossmont College

The Regional Occupational Program (ROP) of the County Office of Education is sponsoring a Nanny/Household Management Training Program at Grossmont college. ROP is sponsoring this program because they feel it is important to provide trained people to help fill the quality child-care gap.

The Nanny program includes six classes: Introduction to Nanny/Resource Management; Food and Nutrition; Healthy, Safety & CPR for Children; Human (Child) Development; Creative & Cognitive Experiences; and Community Class-

room/Seminar.

ROP is paying for the course and providing the books at no cost to the student. According to Cathie Robertson, coordinator/instructor, they average 25 calls per week from prospective employers, and there may be only one nanny available. Average starting pay for a nanny in the County is \$5-6 per hour. There are live-in and live-out positions available.

For additional information on the Nanny Program, call the ROP office at Grossmont College at 465-1700, extension 550. Classes begin August 21, so sign up now!

'Retired Husband Syndrome' to be discussed in brown bag lecture

Retired couples, don't miss the brown bag lecture at the Museum of Man on August 7, when Nancy Friedlander speaks on "The Retired Husband Syndrome: Adaption of Wives to Their Husbands' Retirement." This syndrome is a condition in which a wife adapts poorly to her new life with an "at home" husband.

Friedlander, a doctoral candidate at Harvard University, will describe the results of the study she participated in at UCSD which investigated this phenomenon. She will also discuss possible ways for a married couple to improve the likelihood of a good adjustment to the husband's retirement.

Worship Directory

LEMON GROVE LUTHERAN CHURCH
Corner Skyline & Alton Drive
Edward J. Volkmann, Pastor
Telephone: 465-7301
Worship 9:00 a.m. Sunday School 10:15 a.m.

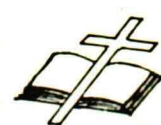
Attend This Church or Another Good Church
TRINITY BAPTIST CHURCH
8487 Paradise Valley Rd., Spring Valley
GEORGE W. PANNEL, PASTOR
Telephone: 479-0378

THE POTTER'S HOUSE CHRISTIAN FELLOWSHIP
123 Worthington Street, Spring Valley
Alpheus Fisher, Pastor 479-1460
Sunday Worship: 11 a.m., 6:30 p.m.
Sunday School: 10 a.m. Sun., 7:30 p.m. Wed.

Vista La Mesa Christian Church
4210 Massachusetts Avenue, La Mesa, CA 92041
Donald E Dewey, Pastor 463-9909
Sunday School for All Ages 9:00 a.m.
Sunday Worship Service 10:30 a.m.

LEMON GROVE CONGREGATIONAL UNITED CHURCH OF CHRIST
2770 Glebe Road • Lemon Grove
Edward & Joan Pettis, Co-Pastors
Sunday Worship & Church School 10:15 a.m.

FIRST BAPTIST CHURCH OF LEMON GROVE
2910 Main Street P.O. Box 236
Jeff Lettow, Pastor Phone: 460-4811
Sunday Bible School 9:30 a.m.
Sunday Worship Services 10:50 a.m., 6:30 p.m.
Wednesday Bible Study and Prayer 6:30 p.m.



THE CHRISTIAN CHURCH of Lemon Grove
6970 San Miguel Avenue
465-1888

TOM WEST - Minister
DEAN GAMBILL - Youth

BIBLE SCHOOL and WORSHIP 8:15, 9:15 & 10:30
SUNDAY EVENING-THE 5:30 GOOD NEWS.

Nursery through Children's Classes Provided

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ST. JOHN OF THE CROSS CATHOLIC CHURCH
8086 BROADWAY
LEMON GROVE, CA 92045

PASTOR MSGR. RAYMOND C. KIRK

Call Rectory for information and Mass Schedule. 466-3209

Your church could be in the Worship Directory. Call 469-0101 for rates and other information.